



## CPC General Information

### CPCS Mission:

- ‘Transforming hearts & minds in a decidedly Christian community’
- “CPC Athletics exist to provide athletic experiences that will develop student/athletes in discipline, teamwork, and Christian character”

### MS Program Philosophy

- Play to develop and “belong”
- Encourage all levels of ability to come out and play, beginners to skilled athletes
- We welcome multi sport athletes. Please contact the athletic office with questions about overlapping schedule.

### Roles

#### Athletic Director

- Provides leadership for all MS programs.

#### Coach

- ‘Coaches coach’.

#### Players

- ‘Players play’. Submit to authority

#### Parents

- ‘Parents support and encourage’

## **Communication**

- 24 hour rule -  
We have asked our coaches, and would extend that to you as parents, that if you have questions for the coach regarding something you disagree about regarding your child's role in games, including playing time, that you observe the "24 hour rule". Please allow for 24 hours to accrue before contacting the coach regarding your questions or concerns.
- Matthew 18 principle  
We also have asked our coaches and extend it out to you as parents that if there is a conflict with the coach, that you reach out to them directly first. If there is not a resolution of the issue, you may then contact the Athletic ministry office.

## **Athletic Registrations:**

All done online through school web site

- Forms need (done through active one registration)
- Permission to Participate
- Concussion Form
- Sports Physical Form good for 24 months (found online on school website) email Athletic office if need to know if current
- Medical History (found online on school website) needs to be filled out every year by parent  
Athletic fee
- \$100 MS sports fee (paid online through active one registration)

**ALL REGISTRATION, FORMS AND FEES NEED TO BE COMPLETE BEFORE PARTICIPATION**

## **Game and Practice Schedules –**

- At the Middle School level, no teams practice or play games on Wednesdays or weekends.
- MS Game schedules and leave times up to date on the school's website [www.cpcsschools.com](http://www.cpcsschools.com)
  - Note: date, game and leave times, and locations may change so please refer to the schedule online, and not a hard copy a coach might hand out.
- Practice schedules: practice days and times will vary depending on high school basketball schedule, gym availability, and off campus coach's schedule.

## **Practice/Game Day attire**

- Practice attire:
  - Sport based athletic wear
    - No cut off shirts, no yoga pants, unless shorts over them.
    - Sport based shoes – depending on the season
- Game day student Athlete attire (updated guidelines 2018 to foster school spirit)
  - Home games: wear jersey/program apparel
  - Away games: chapel attire

### **Academic Eligibility**

- No failing grade in any class
- Students must attend tutorials and not practice if failing classes. If there is no tutorial offered that day, they may attend practice.
- Students are not allowed to play in games or travel to away games when academically ineligible.
- Above 2.0 GPA
  - Academic ineligibility may be remedied on Mondays only

### **Uniforms and Equipment**

#### Uniforms -

- Each MS athlete will be issued a CPC school uniform top prior to the first game. A date & time for uniform collection will be communicated.
- Shorts/pants will need to be provided by the athlete, we ask for solid navy or solid black if possible. CPC PE shorts are perfect

#### Equipment

- Team sport equipment – each sport will provide the necessary practice sport balls, and other shared equipment.
- Athletes must provide personal sport equipment – (knee pads, baseball/softball gloves, golf clubs, etc)

### **Sports Awards night**

- Last official event of the season; vital event
- Chapel attire for athletes
- Date will be posted on athletic schedule page as well as emailed out.
  - Exception – MS boys and girls basketball will do something on their own separate from HS due to shorter seasons.